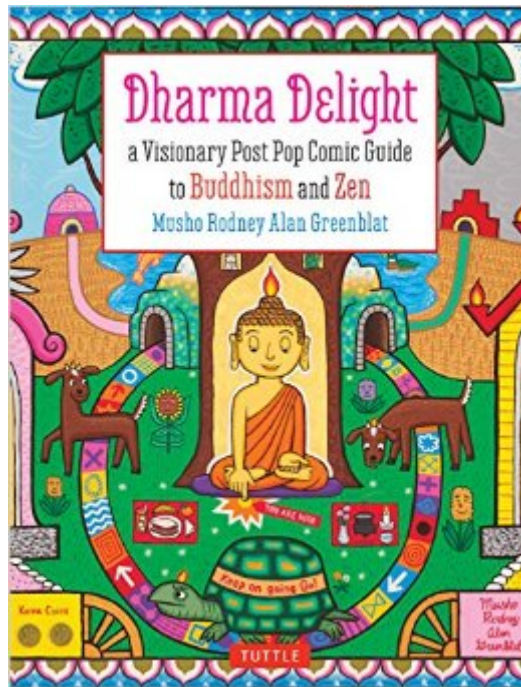


The book was found

Dharma Delight: A Visionary Post Pop Comic Guide To Buddhism And Zen



Synopsis

In Dharma Delight, abstract artist and Zen practitioner Rodney Greenblat uses lighthearted narrative and vivid pop art paintings to celebrate the joys of living life from the inside out. Part graphic guide, part personal testimony, part art book, Dharma Delight illustrates how seeking the path of compassion and acceptance can be as zany and exuberant as it is profound. It is a happy exploration of Buddhist Enlightenmentâ "what it is, where to seek itâ "and how to recognize the perfection in ourselves. A great option for Zen beginners and experienced practitioners alike, sutras (teachings), Bodhisattvas (enlightened beings) and jataka tales (parables) are presented in a way that's simple, upbeat and fun to read. The original paintingsâ "some new, some already known on the New York art scene and elsewhereâ "are an imaginative and affirming mind's-eye view of Buddhist teaching. Together, the words and illustrations are a warm and cheerful invitation to newcomers and a cool splash of refreshment to any traveler on the road to enlightenment.

Book Information

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Customer Reviews

What a gem of a book! This is one of those books that is great to read as a family, and it also stimulates discussion with generally bored and jaded teens. The artwork is wonderful. It really is a delight!

As a long-time fan of Greenblat's art and music, I have been anticipating this book and now that it has arrived, I am thoroughly delighted by this beautiful treasure-box of whimsy and wisdom. Turning

every page is like uncovering a new gem: each vibrant painting has so much to uncover and pops off of the page with profoundly humorous (or humorously profound?) insight. In a culture which doesn't often promote gentleness and compassion, whimsy or understanding this book is one to keep close by on your nightstand when you need a few minutes to reflect at the end of each day. Highly recommended for anyone who enjoys color, reflection and smiling.

Amazing illustrations! I highly recommend it!

of course Im giving it 5 stars he's my brother, but the book is really great

Smart, simple, thoughtful- need I say more? - PERFECT- thank you RAG!!

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